



#### **World Shapers**



TOP 5
UNIVERSITY IN CANADA



TOP 100
UNIVERSITY IN THE WORLD

#### **Change Makers**



6th globally for impact on un sustainable development goals



#1 IN CANADA FOR ARTIFICIAL INTELLIGENCE AND MACHINE LEARNING RESEARCH

HOME TO A 2020
NOBEL PRIZE WINNER

#### **Community Builders**



TOP 100 GLOBALLY FOR GRADUATE EMPLOYMENT

44,000+ STUDENTS FROM 157 COUNTRIES

300,000+ ALUMNI WORLDWIDE

For more information on rankings, visit uab.ca/rank



Founded in 1908, the University of Alberta has a strong history of innovative teaching and research. We are a proud member of the U15, a prestigious group of Canada's top research universities.

And our professors? Some of the best in the world teach here, including the 2020 Nobel Prize in Medicine recipient, Sir Michael Houghton.

Nationally ranked as #1 for artificial intelligence, and top 10 globally for nursing and engineering, our university is passionate about equipping students for meaningful work that impacts our world for good.

Designed to give international students a "soft landing" in Canada, the **University of Alberta Year One Foundation Program** prepares you to enter the second year of your chosen bachelor's degree program.

If you don't currently meet the academic requirements for your major, the Year One Foundation Program is designed to help you get there.



# What's Living on Campus Really Like?

#### **Higher GPA**

- Being surrounded by like-minded peers can improve your study habits and academic performance
- Settle into renovated spaces with large lounging areas that encourage group studying

#### **Your Home Away From Home**

 Join in on activities and opportunities to connect with other students throughout the year, from movie nights to dodgeball

#### **Fueling Up Between Classes**

- Choose from 5-day or 7-day meal plans
- Dine on an impressive variety of nutritious options
- Select from a wide range of dietary accommodations

#### **BaseCamp: Support to Get You Settled**

- BaseCamp is a special event to help get you ready to live in residence
- Move in, meet your floormates, get to know campus and explore the city!
- More than an orientation it's a headstart on how to excel as a first-year student



# CANADA'S LARGEST RESIDENCE



LISTER RESIDENCE IS
HOME TO 2,300 FIRST
YEAR STUDENTS ACROSS
FIVE BUILDINGS



ZERO COMMUTE TO CAMPUS





One-bedroom dorm in U of A's Lister Residence.



Explore all residence and meal plan options at uab.ca/res



11

I moved into Residence for my first year of university and I loved that it gave me independence, freedom and ease to experience student life while living on campus. I have met an amazing and diverse group of friends during my three years already and can't wait to meet more. Because you're living in such a tight-knit community, it's really easy to make meaningful connections."

#### **ISABELLA**

**Undergraduate Student** 

KAPLAN INTERNATIONAL LOOKBOOK | 2025 - 2026

# WELCOME TO EDMONTON



## The 5th Biggest City in Canada

EDMONTON IS THE CAPITAL OF ALBERTA and one of the fastest-growing cities in Canada. Home to over 1.3 million people, our lively city is also known as **Canada's Festival City**, because there is always something happening!

## **U of A Campus**

OVER 40,000 STUDENTS STUDY AT NORTH CAMPUS. Our campus has 150 buildings occupying over 50 city blocks right in the heart of the city, and is steps away from a lush river valley. It is also a 5-minute train ride from Downtown. Use of local transit is included in your fees! From campus, dozens of amenities are a short walk or train ride away, including unique shops, coffee houses, restaurants, museums and theaters.

#### Here are some things close to campus that students love:



WINTER FESTIVALS
Edmonton has over 50 festivals annually like All is Bright Festival (pictured).
15 minutes by transit



ICE DISTRICT - ROGERS PLACE
Home of our NHL hockey team and Edmonton's biggest events.
7 minutes by train



WEST EDMONTON MALL
North America's largest shopping mall.
20 minutes by transit



WHYTE AVENUE
One of Edmonton's most vibrant districts.
10 minutes by foot

KAPLAN INTERNATIONAL LOOKBOOK | 2025 - 2026 UNIVERSITY OF ALBERTA

#### **EXPLORE THE ROCKY MOUNTAINS** What is Canada Like? Canada is the second largest country in the world, home to friendly people and stunning landscapes. It's consistently ranked in the Top 10 safest countries in the world with one of the highest qualities of living by the Global Peace Index. **Enjoy a High Living** Standard in Alberta Alberta has one of the strongest Edmonton also has the lowest STUDYING economies and one of the highest cost of living out of the top 5 living standards in the world. biggest Canadian cities, including Albertans also enjoy higher an average monthly rent of salaries than any other province \$1,285/month for a one-bedroom in Canada, with an average yearly apartment compared to the IN ALBERTA, salary of \$67,080 CAD, as well \$2,500+ average monthly rent in as world-leading education and Toronto and Vancouver. healthcare systems. CANADA **Work in Canada After Graduating** After graduating from the U of A, you may be eligible to stay and work in Canada for up to three **Edmonton** years with the Post Graduation Work Permit. Living and working in Canada provides opportunities to apply for permanent residency. **Apply for Canadian Permanent Residency** U of A's International Student and Visitor Services provide regular webinars on pathways to Canadian permanent residency. uab.ca/iss 10 KAPLAN INTERNATIONAL LOOKBOOK | 2025 - 2026 UNIVERSITY OF ALBERTA



### Leisure

Ways to recharge and get active:

- Wilson Climbing Wall
- Aquatics
- Hanson Fitness & Lifestyle Centre
- Drop-in facilities and activities with equipment sign out
- Walking trails

#### **Intramural Sports**

Through Intramural Sports, you can compete against other U of A students; you can sign up as an individual to join a team.

#### Sports include:

- Basketball
- FutsalHockey
- Soccer

Dodgeball

Volleyball

#### **Club Sports**

Participate in a diverse range of indoor and outdoor activities. Join one of our 23 club sports and compete alongside like-minded individuals.

# STUDENT CLUBS AND VARSITY LIFE

#### **Get Involved on Campus**

There are so many **diverse clubs and student groups** on campus. Joining one is a great way to meet new friends and have fun!

Examples of student clubs:

- Anime Club
- Badminton Club
- Climbing Club
- Friends Across
   Campus (a place to meet new people)
- Outdoor Club
- Sustainable
   Development
   Goals Alliance
- Ski and
   Snowboard Club
- Undergraduate
   Astronomy Society

#### **Varsity Athletics**

The University of Alberta Golden Bears and Pandas Athletics is one of **Canada's premier intercollegiate programs**. The U of A is home to 24 teams and over 520 student-athletes.

# Sports Facilities and Recreation Programs

Use of the **extensive sports facilities** are included in your fees. We offer a full range of recreational programs that you can sign up for, including:

- Club sports
  - Gaming
- Dance
- Martial Arts
- Fitness Skating



450+
STUDENT CLUBS



99 CHAMPIONSHIPS
IN NATIONAL ATHLETICS





Explore your options uab.ca/fitness



Built for international students who don't currently meet the academic requirements for their chosen degree program, the Year One Foundation Program is a first-year academic curriculum.

The Year One Foundation Program is designed to help incoming students with any course deficiencies meet the academic requirements to be admissible to their chosen degree program.

After successful completion of the Year One Foundation Program, you'll be ready to join one of 100+ bachelor's degrees across a range of faculties at the University of Alberta.

#### How does the program work?

When you join the University of Alberta Year One Foundation Program, you'll be a full U of A student from day one. The Foundation Program gives you a "soft landing" to your educational journey in Canada.

Through the program, you'll get tailored academic and personal support from Kaplan International and U of A, and enjoy a host of other benefits such as:



CLASS SIZES





ADVISORS TO KEEP YOU ON TRACK



INTERNATIONAL
STUDENT SUPPORT



INTERNATIONAL STUDENT COMMUNITY

What's more, the Foundation Program serves as the first year of a four-year bachelor's program. The classes you take will give you credits to count toward your degree, so you won't need any extra time to complete your degree program!



BCom students on Students' Boulevard at the U of A.

### Your routes to a degree from the University of Alberta

**OPTIONS** 

At the U of A, you'll have two routes to graduating with a bachelor's degree: The Year One Foundation Program and the English for Academic Purposes Program. The route that's right for you will depend on your current academic qualifications and English-language level.

#### **FIND YOUR PATH**

#### Year One Foundation Program (Direct)

This is the best route for international students who don't yet meet the academic requirements to start their chosen bachelor's degree program.

To qualify for the University of Alberta Year One Foundation Program, you'll need:

- IELTS band score 6.0 (at least 5.5 in all skills)
- High school completion with competitive grades

# English for Academic Purposes Program

Completed in either four or six months, this program precedes the Year One Foundation Program and is the best route for international students who need to improve their English language level to be admissible to the Year One Foundation Program.

4-month program requirements: minimum IELTS band score of 5.5 with no band below 5.0

OR

 6-month program requirements: minimum IELTS band score of 5.0 with no band below 4.5

Year One Foundation Program

#### **YEAR 2 OF DEGREE**

When you successfully complete your first year in the foundation program with the required GPA, you're guaranteed progression into the second year of your chosen bachelor's program.

KAPLAN INTERNATIONAL LOOKBOOK | 2025 - 2026 UNIVERSITY OF ALBERTA



U of A students studying in a student lounge at the U of A.

#### **A Closer Look**

When you join the Year One Foundation Program, you'll be right on track to complete the first year of your bachelor's degree just like any other U of A student. The only difference? Targeted support designed just for you.

By enroling in the Year One Foundation Program you'll take the same courses as other first-year U of A students, helping you complete some of your "general education" requirements.

Here's a look at some of the courses you'll take in your first year:

- EAP 137: Academic and Intercultural Communications
- ECON 101: Introduction to Microeconomics
- MATH 154: Calculus for Business and Economics I
- BUS 101: Foundations of Business
- MST 100: Introduction to Media Studies

By completing the required courses, you'll finish your first year at U of A on track to graduate in four years!

## Your "Soft Landing" in Canada

The other incredible component of the Year One Foundation Program is its built-in support network and the program's events, outings and activities designed to help you adjust to life in your new community, city and country!



U of A students enjoying the natural surroundings on North Campus between classes.



River valley trails next to U of A campus.

#### **ENGLISH LANGUAGE DEVELOPMENT**

There are so many opportunities for academic growth that go beyond the classroom. For example, students can practice conversational English with U of A student volunteers!

#### **GET TO KNOW EDMONTON**

Get to know Canada's 5th largest city, Edmonton, through immersive trips to the Royal Alberta Museum, River Valley and West Edmonton Mall!

#### Week of Welcome

Start off on the right foot before classes begin with a week of orientations, concerts and a clubs fair.

#### **WELCOME ORIENTATION**

If you don't know anyone, don't worry — most new students share similar concerns about finding a community and making friends. The Year One Foundation Program orientation is a multiday event where you'll meet your classmates, learn about the U of A and do fun interactive activities.



18 KAPLAN INTERNATIONAL LOOKBOOK | 2025 - 2026 UNIVERSITY OF ALBERTA 19



# Year One Foundation Program Support

While you're enrolled in the Year One Foundation Program, you will have access to comprehensive wraparound support services. From the moment you get in touch to the moment you start your classes, we will provide you with all the application and preparation support you need to succeed.

# **Application Support**

Kaplan International's global team provides expert guidance and admission support for the University of Alberta Year One Foundation Program. Kaplan International is here to help you put together a great application and help you get admitted to the University of Alberta. When you apply, you'll also get:

- Extended application deadlines
- Application fee waiver
- Support in your native language

## **Starting Your Journey Off Right**

While you're enrolled in the Year One Foundation Program, we will be there to help you with comprehensive wraparound support services. The team at the U of A will help you with:

- Activities and outings to help you settle in and get to know your classmates
- Adjusting to life in Edmonton
- Classroom support
- Finding your way around campus
- Preparing you for progression into your second year

When you join the Year One Foundation Program, you'll have access to the University of Alberta's suite of student support services, including:

- Academic Success Centre
- Health and wellness
- Campus Recreation
- International Students Services
- Students Union

# HOW TO APPLY



Get in touch with Kaplan International

- Complete and submit your application to Kaplan International
- Receive your Letter of Acceptance (LOA)
- Accept offer, pay your deposit
- Receive your Provincial Attestation Letter (PAL)
- Apply for student housing
- Obtain your study permit
- Meet your classmates 000 at Orientation!





Where is **Edmonton?** 

# FIND OUT MORE



#### **EXPLORE**

Find out out more about University of Alberta Degree Programs:

ualberta.ca

#### **JOIN US ONLINE**

@KaplanPathways









